

Sexual Assault Service Center Prevention Education:
Disability Service Agency Program Descriptions
Guardian Angel Community Services
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Below is a list of suggested programs offered to clients and staff of disability service agencies. The curriculums can be presented as an ongoing program or individual lessons can be selected for a one-time event. Prevention staff will modify any topic to meet the specific needs of the group. All presentations are *free*.

Sexual Violence Prevention for Individuals with Disabilities

This program covers a variety of topics that are related to the prevention of sexual violence. Lessons may be taken from the curriculums listed below. Supplemental activities, videos, and information about body safety, communication, available resources, rights of survivors, and legal options may be incorporated. The goal of this program is to equip participants with the skills and information they need to keep themselves safe and get help if necessary.

F.L.A.S.H

This curriculum is appropriate for middle school and high school students with disabilities. This is a twenty-eight lesson curriculum focusing on healthy relationships, appropriate behavior, and violence prevention. Participants will put information into their own words and learn how to communicate their thoughts and feelings.

Our Rights Right Now!

This curriculum has 19 lessons appropriate for participants with disabilities. The topics covered are Healthy Relationships, Healthy Sexuality, Sexual Violence Risk Reduction, and Safety and Support: How to Get Help. There are handouts and activities included in this curriculum designed for ease of use. These class places heavy emphases on ensuring individuals with disabilities know their rights, and understand what resources are available to them.

Sexuality Education for Adults with Developmental Disabilities

This curriculum has 20 lessons appropriate for participants with disabilities. This curriculum offers lessons on the different types of relationships, communication, decision making, healthy and unhealthy relationships, healthy sexuality, and sexual violence. This curriculum focuses on enabling individuals with disabilities to communicate their boundaries, rights, and needs.

We Can Stop Abuse

This is an 8 lesson curriculum appropriate for participants with disabilities. This curriculum focuses on planning for safety, responding to unsafe situations, and where to get help. This curriculum includes interactive activities that can be used to clarify and reinforce material learned.

Professionals Programs:

All of our topics can be modified for trainings for guardians and professionals. Below is a list of additional trainings available.

Stop the Violence, Break the Silence

This curriculum provides comprehensive information, handouts and activities for workshops or presentations about abuse against people with disabilities, increasing access to domestic and sexual violence services and promoting collaborations between disability service providers and domestic violence and rape crisis centers. The information is presented in six modules. Topics include:

- ♣ Disability awareness and sensitivity
- ♣ Overview of violence and abuse toward people with disabilities
- ♣ Considerations for effectively working with abuse survivors who have disabilities
- ♣ Tools for educating and counseling people with disabilities
- ♣ An educational support group model for working with survivors of domestic or caregiver violence
- ♣ Additional resources

Responding to Violent Crimes Against Persons with Disabilities

This training helps criminal justice professionals better respond to, investigate and prosecute crimes against people with disabilities. Topics include:

- ♣ An overview of mental illness and cognitive, sensory and physical disabilities
- ♣ Disability etiquette
- ♣ The dynamics of domestic violence, sexual assault and caregiver abuse against people with disabilities
- ♣ Comprehensive safety planning for crime victims with disabilities
- ♣ Strategies for taking a proactive approach to providing accessible services to crime victims

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