

Our Mission Statement

As people with disabilities and their advocates, Disability Resource Center strives for equality and empowerment of persons with disabilities in the Will and Grundy County areas.

We inform persons with disabilities of their rights, educate them about their responsibilities, provide support services, promote advocacy, and raise community awareness about disability issues.

Disability Resource Center is a cross-disability, community-based non-profit 501(c)(3) organization that operates solely on grants and contributions. We welcome and appreciate ongoing support from businesses, foundations, individuals and organizations.



A Center for Independent Living

Visit:

77 N. 129th Infantry Drive
Joliet, Illinois 60435

Hours: 8:30 a.m.—5:00 p.m.

Monday—Friday

Call:

(815) 729-0162 (Voice)

(815) 729-2085 (TTY)

(815) 768-2582 (VP/VRS)

(815) 729-3697 (Fax)

Log on:

www.drcjoliet.org



Rev. 8/2017



*Disability
Resource
Center*

**Peer Counseling
Services**

*Empowering, enhancing &
encouraging
INDEPENDENCE!*

www.drcjoliet.org

Peer Counseling Services

The foundation of Disability Resource Center services, and of any Center for Independent Living, is the peer relationship.

DRC staff who have experience living with a disability and who are achieving their personal goals assist others who have similar disabilities, serving as role models, mentors and advocates.

The peer relationship helps individuals work through problems specific to a particular disability, and also offers a source of encouragement as the transition is made to independent living.

It is the policy of Disability Resource Center to provide peer counseling to people with disabilities who request the service. It is provided in either individual or group settings by staff members with disabilities.



A Center for Independent Living

Seminars/Workshops

DRC sponsors workshops and seminars for people with disabilities. Topics include Medicare Part D, transitioning from nursing homes into the community, communications skills, Disability Awareness Training for Businesses and more.

Support Groups

Specialized support groups for men, women and youth are offered on a regular basis, providing an opportunity for people with disabilities to share experiences and support their peers.



S.K.I.L.L.S. (Sharing Key Independent Living Life Skills)

People with disabilities ages 18 and up are welcome to join us weekly for classes where a new topic is covered, often following a monthly theme. Classes are presented by staff members with disabilities. Occasionally guest speakers are invited in to give special presentations, and sometimes field trips are planned (transportation not provided). Topics include:

- * Online safety
- * Career skills
- * Transportation
- * Money management
- * Home and personal skills
- * Health and safety
- * Time management
- * Community advocacy
- * Healthy eating

...and more!